



THE ACADEMY OF
EUROPEAN MEDIEVAL MARTIAL ARTS
PUBLISHED BY
THE ACADEMY OF EUROPEAN
MEDIEVAL MARTIAL ARTS

The Art of Longsword Combat

Book 1



The first of four books covering
a complete training system
by the Academy of European
Medieval Martial Arts

David M. Cvet

June 26, 2001
Not for re-sale

The Art of Longsword Combat Book #1

A student's (recruit) reference manual for the development and
training of medieval martial arts focused
on longsword with grappling and dagger techniques
for the preparation of achieving a scholler rank

Written by

David M. Cvet

-- Acknowledgements --

Thanks to scholler Anton J. Cvet, free scholler Brian McIlmoyle and scholler David Murphy for their input, constructive criticism, kudos, review and contribution to this project.

Thanks to AEMMA's affiliates : Peter Kautz (Alliance Martial Arts), Greg Mele (Chicago Swordplay Guild) and Bartłomiej Walczak (Brotherhood of the Eagle's Nest) for their review and suggestions.

Special thanks to my wife, Gail J. Smith, whose patience and support was greatly appreciated throughout this project and for the future support for a never ending list of other projects on the horizon.

Academy of European Medieval Martial Arts
Copyright ? 2001

Notice: This material remains the property of the Academy of European Medieval Martial Arts. It is freely distributed to practitioners of medieval martial arts and offers no restrictions to the copying and re-distribution of the material in an un-altered form, however, this material is not for re-sale. AEMMA will graciously accept financial gifts to support AEMMA's further development in the resurrection and reconstruction of medieval martial arts and future publications. Re-production of this material for the purpose of commercial publication without permission from the Academy of European Medieval Martial Arts is a breach of copyright and legal action will follow.

Table of Contents

FORWARD	10
TRAINING OVERVIEW.....	11
TRAINING OBJECTIVES:	11
BASIC PRINCIPLES.....	12
SAFETY PRECAUTIONS.....	13
TRAINING PROGRAM STRUCTURE.....	14
1.0 EXERCISE FORMS	14
2.0 OTHER WEAPONS TRAINING.....	15
3.0 DEPLOYMENT OF STRIKES AND GUARDS.....	15
4.0 FOLGEN (SWORD DRILLS).....	15
5.0 REIHENFOLGEN (SWORD SEQUENCES).....	16
6.0 FECHTEN (FIGHTING ENGAGEMENTS).....	16
RANKING AND SKILL COMPETENCY	17
RANKS AND THEIR ATTRIBUTES	18
Recruit	
.....	18
Attributes of a Recruit.....	18
Responsibilities of a Recruit	18
Skill Development and Training Specifications for Recruit	19
Theoretical:	19
Martial:	19
Recruit Training Points	19
Scholler	
.....	20
Attributes of Scholler	20
Responsibilities of a Scholler.....	20
Requirements to obtain Scholler Designation.....	20
Skill Development and Training Specifications for Scholler	21
Theoretical:	21
Martial:	21
Scholler Training Points	21
Free Scholler	
.....	22
Attributes of Free Scholler	22
Responsibilities of a Free Scholler.....	22
Requirements to obtain Free Scholler Designation.....	23
Skill Development and Training Specifications for Free Scholler	23
Theoretical:	23
Martial:	23
Free Scholler Training Points	23
Provost	
.....	24
Attributes of a Provost	24
Responsibilities of Provost.....	24
Requirements to obtain Provost Designation.....	25

查看完整版

付费下载



【百万古籍库】

<https://www.fozhu920.com/list/>

【易】【医】【道】【武】【文】【奇】【画】【书】

1000000+ 高清古书籍

打包下载





【风水】风水命理资料合集_9500 本

阴宅阳宅、风水堪舆、八字命理、手相面相、符咒卦象、奇门遁甲、紫微斗数.....



【中医】中华传统医学资料大全_15000 本

针灸、推拿、正骨术、汉医、苗医、民间秘方偏方、药洒药方、祖传医术、珍本...



【道术】道家法术\茅山术\符咒术\气术_3000 套

修真秘籍、丹道、道家秘术、胎息功、内丹术、茅山法术、道家符咒、巫术、...



【武术】传统武术与现代搏击术_6200 册

少林、武当、太极拳、形意拳、八极拳、咏春拳、气功、散打、格斗、拳击、...



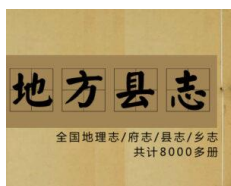
【集藏】经史子集库_13300 卷

【经史子集】楚辞、汉赋、诗集、词集、宝卷、正史、编年、别史、纪事本末、地理志...



【国画】传世名画 _ 6100 卷

唐、金、辽、宋、元、明、清 800 多位画家近 6000 多幅传世...



【县志】方志\地方县志\乡志\地理志_8100 册

府志、区志、乡志、地理志..... 此合集为全国范围地方县志\府志古籍影印电子版，...



【国学】中华古籍库—32 万册古籍书

32 万册《中华古籍库》 【32 万册影印古籍 + 20 多亿字，带检索器和阅读工具】 包括各地方志、日本内...

【更多】 >> <https://www.fozhu920.com/list/>